

MAE

PRE-TREATMENT CARE ADVICE DERMAL FILLER

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE PRE-TREATMENT CARE ADVICE FULLY,

Ensure you are fully hydrated and drink 2/3L of water prior to your treatment.

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Avoid consuming alcohol for 24 hours before and after your treatment.

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Expect some tenderness, bruising and swelling at the treatment area for up to 1 week after your treatment.

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Avoid any blood thinning medication, supplements or anti-inflammatory treatments for 1 week before your treatment.

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Avoid herbal remedies and supplements including St. Johns Wort, Primrose Oil, Fish Oils and Vitamin E.

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Use Arnica and Antihistamine tablets before your treatment to help reduce swelling and bruising.

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If you suffer from coldsores, please start your antiviral tablets 5 days before your treatment (for lips and nose treatments).

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Avoid waxing, tweezing, threading or bleaching the area being treated 2/3 days prior to treatment.

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Avoid applying topical products that contain Tretinoin, Retinol, Glycolic Acid, Alpha Hydroxy and other anti-ageing products for 48 hours before your treatment.

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Ensure that your treatment is scheduled for at least 2 weeks before a special event.

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Ensure you have had food and drink before your treatment to avoid feeling light-headed during or after your treatment.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

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