



AFTERCARE ADVICE DERMAL FILLER | TEAR TROUGH

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE PRE-TREATMENT CARE ADVICE FULLY,

Drink 2/3L of water everyday after your treatment for 3 days.

-

Avoid applying pressure on the area for 1 weeks after your treatment.

-

You can gently massage the areas as shown by your technician.

-

Avoid alcohol consumption for 24 hours after your treatment to avoid bruising.

-

Use Arnica tablets to help reduce bruising and promote healing.

-

Use Antihistamine tablets to help reduce swelling.

-

Avoid any blood thinning or anti-inflammatory medication.

-

Expect some tenderness, swelling and bruising in the treatment area for up to 1 week after your treatment.

-

Avoid strenuous exercise for 24 hours after your treatment.

-

Avoid touching or applying skincare or cosmetic products to the treatment area for 6 hours after your treatment.

-

Avoid extremes of hot and cold upon the treatment area whilst healing.

-

A warm compress can be used on the area to reduce discomfort.

-

Smoking, alcohol consumption, dehydration and sun exposure will all reduce the longevity of dermal fillers.

-

If any skin discolouration or intense pain occurs, or abnormal swelling persists for more than 3 days, please consult your technician or your doctor.

-

Multiple sessions may be required to achieve the desired results.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

www.maecosmetics.com 01603 393796 admin@maecosmetics.com