



AFTERCARE ADVICE DERMAL FILLER | LIPS

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE PRE-TREATMENT CARE ADVICE FULLY,

Drink 2/3L of water everyday after your treatment for 3 days.

- Wait 7 days after your treatment to massage your lips.

- If coldsores are activated, please consult a pharmacist or your doctor.

- Avoid alcohol consumption for 24 hours after your treatment to avoid bruising.

- Avoid any blood thinning or anti-inflammatory medication.

- Avoid sun exposure and sun beds to prolong the results of your treatment.

- Avoid strenuous exercise for 24 hours after your treatment.

- Avoid touching or applying skincare or cosmetic products to your lips for 6 hours after your treatment.

- Expect some tenderness, swelling and bruising in the treatment area for up to 1 week after your treatment.

- Expect an increase in swelling the day after your treatment.

- Use Arnica tablets to help reduce bruising and promote healing.

- Use Antihistamine tablets to help reduce swelling.

- Apply an ice compress to your lips to help reduce swelling and discomfort.

- Lips can appear swollen, lumpy and bruised for up to two weeks due to internal swelling.

- Smoking, alcohol consumption, dehydration and sun exposure will all reduce the longevity of dermal fillers.

- Avoid laying flat in bed the evening after your treatment.

- For any skin discolouration that appears white and is painful - contact the clinic and see a doctor as soon as possible.

- If any skin discolouration or intense pain occurs, or abnormal swelling persists for more than 3 days, please consult your technician or your doctor.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

www.maecosmetics.com 01603 393796 admin@maecosmetics.com