



AFTERCARE ADVICE LED PHOTOTHERAPY

FOR YOUR HEALTH AND WELLBEING, AS WELL AS THE LONGEVITY AND EFFECTIVENESS OF YOUR TREATMENT, PLEASE FOLLOW THE AFTERCARE ADVICE FULLY.

LED Phototherapy is a clinically proven and safe treatment without discomfort or downtime, however, for optimum results we recommend that you read and follow the pre and post treatment advice below...

In preparation for your treatment, all makeup and skincare products including sunscreen should be removed to allow for absorption of beneficial light into the skin. For optimum results, exfoliation prior to your treatment helps to remove dead skin cells which may reflect the light away from your skin. For enhanced results a topical serum may be applied. It is not necessary to remove contact lenses during your treatment.

Following your treatment, apply the recommended skincare products which should include an SPF to protect skin during the day. We can give you guidance on the suitability of your current skincare products during your treatment consultation. If your treatment has been used in conjunction with other aesthetic procedures, specific aftercare advice should be followed.

Makeup can be applied immediately after your treatment if it does not contradict aftercare from any treatments used in conjunction. We would recommend that mineral-based or non-comedogenic formulations that allow the skin to breathe are ideal for the best treatment to your skin.

Drink plenty of water to maintain hydration levels. This will also allow the lymphatic system to eliminate toxins.

In the unlikely event that any adverse reaction occurs after your treatment, please contact us within 24 hours for advice.

MAE COSMETICS CLINIC

IF YOU HAVE ANY QUESTIONS REGARDING YOUR TREATMENT OR NEED FURTHER ADVICE, PLEASE GET IN TOUCH.

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